

**Cascade School District No. 422**

**INSTRUCTION**

**2310**

Health Enhancement Education

Health, family life and sex education, including information about parts of the body, reproduction and related topics, shall be included in the instructional program as appropriate to the grade level and course of study. Parents may ask to review the materials to be used and may request that their child be excluded from sex education class sessions without prejudice.

The Board believes that HIV/AIDS instruction is most effective when integrated into a comprehensive health education program. Instruction shall be developmentally appropriate to the grade level of the students and shall occur in a systematic manner. The Board particularly desires that students receive proper education about HIV before they reach the age when they may adopt behaviors that put them at risk of contracting the disease.

In accordance with Board policy, parents shall have an opportunity to review the HIV education program before it is presented to students.

Alcohol, Tobacco and Drug Education

Students shall receive education regarding the use of alcohol, tobacco and drugs.

Legal Reference: I.C. § 33-1605

I.C. § 33-1608 et seq.  
IDAPA 08.02.03.450

Health and Physical Fitness – Effects of Alcohol,  
Tobacco, Stimulants and Narcotics  
Family life and sex education – Legislative policy  
Health Standards

Cross Reference: 2307

Physical Activity Opportunities and Physical Education

Policy History:

Adopted on: 7/15/09

Revised on: